

We are not just a different kind of residency program,  
we are a residency program...



## Family Medicine Residency Program



...making a difference.



**TMC**  
TRUMAN MEDICAL CENTER  
*Lakewood*  
Better. For Everyone.

## RESIDENCY

Unopposed program in a primary care community hospital setting combined with the opportunity for a great tertiary care experience at an urban hospital. We also rotate at Children's Mercy Hospital, one of the top Children's hospitals in the country.

The UMKC Family Medicine Residency Program is accredited by the Accreditation Council for Graduate Medical Education (ACGME) and the American Osteopathic Association (AOA). This program has an affiliation agreement with the University of Missouri-Kansas City, for post-graduate medical education.

- **Osteopathic Manipulation Clinic**
- **Primary Care Sports Medicine Clinic**
- Top Five **Family Medicine OB Program** in the country
  - More than 1,100 babies delivered last year. More than 80% of our C-Sections are staffed by family physicians. We have had residents graduate with more than 120 primary C-Sections.
- **Cerner Powerchart EMR system** – there are computers in every outpatient room. Truman Medical Centers has been named one of Health Care's "Most Wired" organizations for two years by *Hospitals & Health Networks* magazine, recognizing TMC for its embrace of information technology. TMC is effectively using the most current technology available and is also prepared for advances in health information technology to come.
- Emphasis on **procedural training**, including operative OB, colposcopy, vasectomy, flexible sigmoidoscopy, PICC Line placement and many other procedures.
- **Modified Night Float System** promotes residents to have a better lifestyle by assigning them to work specific nights and then have the following day off.

## RURAL RESIDENCY

Two residency slots have become an innovative model of bridging academic training into rural communities for some of their medical training in more of an apprenticeship model. It involves more than just caring for patients in rural family medicine offices, as it will integrate the residents into the rural community during their three years of residency.

The majority of the required rotations will still be at the UMKC primary teaching sites, but some training will be in the rural community as well. Collaboration with seven rural community hospitals has been welcomed by their CEO's. Many of these sites have UMKC alumni who will welcome residents in their communities for education and training. Part of the UMKC program is working to develop curriculum for successful training in rural practice and to develop a model that trains all residents and students of the special needs of individual rural communities.

### Program Directors

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## EXPLORING KANSAS CITY

Kansas City is the largest city in the state of Missouri, encompassing over 318 square miles (800 km<sup>2</sup>). It is often referred to as the City of Fountains, boasting more than 200 fountains, second only to Rome, Italy. K.C. also has more boulevards than any other city except Paris, France. As such, Kansas City is often referred to as Paris of the Plains.

There are about 500,000 people who live in the city of Kansas City, MO, but there are close to 2 million in the Greater Kansas City metro area, which includes parts of both Kansas and Missouri. With more than 240 neighborhoods in Kansas City, there is no shortage of parks, art, music and food.

The Lee's Summit R-7 School District was ranked No. 7 among school districts throughout the nation in Money magazine's annual issue focusing on 'America's Best Places to Live' (small cities listing). Lee's Summit scored highest in 'education' and second highest in 'jobs/economy'. The R-7 School District has been recognized by the state for the past seven years with the Distinction in Performance Award, the state's highest award for academic achievement. In addition, R-7 students consistently score above state and national norms on all tests, including the Missouri Assessment Program (MAP) tests and ACT college-entrance tests.

The magazine's top 100 small cities list began with a study of 716 cities with populations ranging from 50,000 to 300,000. In the magazine article, Lee's Summit was praised for its 'award-winning schools,' health care, John Knox Village retirement community, downtown renovation and three large recreational lakes.

Within five miles are four large public boating lakes (Blue Springs, Jacomo, Prairie Lee, and Longview), and is less than eight miles to four other private lake communities (Lotawana, Tapawingo, Winnebago and Raintree).

The hospital is on the eastern edge of Kansas City, with hometown attractions like a farmers market, small boutique type shopping, and town celebrations. Kansas City provides bigger venues of interest like museums, Truman Library, concerts and major professional sporting events.



Union Station in Kansas City, Missouri



Downtown Kansas City

# TRUMAN MEDICAL CENTERS

Truman Medical Centers, the primary community teaching hospital of the UMKC School of Medicine, is a two-hospital academic health system. Together Truman Medical Center Hospital Hill and Lakewood, account for about 20,093 patient admissions a year.

## TMC LAKEWOOD

TMC Lakewood is home base for the residency program. This 103 bed primary care community hospital and 189 bed long-term care facility provides a full range of diagnostic, therapeutic and rehabilitative services. Family medicine residents and faculty physicians are the primary medical staff of the hospital. Within the Department of Community & Family Medicine there are consulting internists, pediatricians and psychiatrists. An Internist, Ob/Gyn, Pediatrician and Pharm. D are on teaching rounds for in-patient service daily and available for consultation at any time, yet it is staffed by family physicians. Specialty clinics are conducted on a regular scheduled basis.

On the Family Medicine Inpatient floor, each patient is provided with a private room. Lakewood Family BirthPlace provides 19 dedicated labor-delivery-recovery and postpartum rooms.

## TMC HOSPITAL HILL

Truman Medical Center Hospital Hill embodies the legacy of health care that began with the opening of City Hospital in 1872. Today, the 277-bed medical center is recognized for its broad range of acute and outpatient care. TMC Hospital Hill has the highest number of ER visits (69,082) of any health care institution in the metropolitan area. It also boasts a neo-natal intensive care nursery and extensive women's health care services.

The population at TMC Hospital Hill provides residents with ample and diverse educational and research opportunities. Residents are responsible for patient

management under the supervision of senior residents, attending physicians, and a full complement of consultant subspecialists. More than 11,500 patients are admitted annually with more than 206,101 outpatient visits. Truman Medical Center Hospital Hill is also noted for its:

- Level I Trauma Center
- The BirthPlace (22-bed LDRP)
- Sickle Cell Resource Center
- HIV/AIDS Services
- Eye Foundation
- High Risk Obstetrics

## CHILDREN'S MERCY

Children's Mercy Hospital has been providing exclusive medical service to children for more than 100 years. CMH today provides the highest level of medical care, technology, services, equipment and facilities all tailored to meet the intricate needs of our pediatric patients.

The hospital is nationally recognized in:

- cardiac surgery
- transplantation
- nephrology
- neonatology and more

The Children's Mercy research program is nationally recognized, particularly in the fields of clinical pharmacology, genetics, and neonatology. Family Medicine residents have two required rotations at CMH, and can choose to have additional elective rotations there as well.

## AMERICAN OSTEOPATHIC ASSOCIATION (AOA) RESIDENCY

We have an affiliation agreement with Kansas City University of Medicine and BioSciences (KCUMB) for post-graduate medical education. This allows AOA residents to receive certification by both the American Board of Family Medicine and the American Osteopathic Board of Family Physicians.

AOA residents are expected to utilize their osteopathic skills and knowledge to diagnose and treat patients. Our osteopathic faculty provide lectures and skills teaching throughout our clinics and didactic sessions.

Final-year DO students may apply to our program using either match, but strongly we encourage applying in the AOA resident match program. Students and programs must submit their completed rank lists by the end of January. Results and post-match scramble are available in mid-February.

OPTI Certification: KCUMB sponsors our dually accredited program. This dual certification will give more choices to our program that very few programs can offer.

Minimum eligibility criteria for consideration by our program include:

1. Completion of medical school training, an undergraduate/graduate degree, with written evaluation.
2. No history of failing any of the USMLE and/or COMLEX examination steps three or more times. All examinations must have been taken within the last five years.



Resident in Family Medicine Clinic at Lakewood



Resident in Pediatric Rotation at Lakewood

# DIDACTICS / EDUCATION

- Daily educational luncheon conferences
- Block End
- Grand Rounds
- Common problems in Family Medicine
- Journal Club
- Morbidity and Mortality Conference

## CURRICULUM

### FIRST YEAR

Orientation  
Emergency Medicine  
Peds Inpatient Service  
Pediatrics I  
Behavioral Medicine  
Family Med Inpatient Service –  
three rotations  
Geriatrics  
Cardiology  
Maternity Care – two rotations  
Access Based Care

### SECOND YEAR

Emergency Medicine  
ENT/Rheum/Ophth  
Critical Care  
Dermatology  
Surgery – two rotations  
Pediatrics II  
Family Med Inpatient Service –  
two rotations  
Orthopedics  
Maternity Care – two rotations  
Gynecology

### THIRD YEAR

Elective – four rotations  
Medicine subspecialty  
elective  
Sports Medicine  
Pediatric ER  
Preceptorship  
Family Med Inpatient Service –  
two rotations  
Neurology  
Maternity Care  
Access Based Care



Lakewood Family BirthPlace,  
a 19 room LDRP which opened in October 2011

# FELLOWSHIPS

## GERIATRICS

## SPORTS MEDICINE

## SURGICAL OB

The **Geriatric Medicine Fellowship** program is a 12-month ACGME accredited training program. The program requires that fellows must have a sincere desire to provide care to the frail and elderly. They receive training in patient care, consultation, and teaching. Fellows are taught and supervised by faculty with experience in Geriatric Medicine, Geriatric Psychiatry, Family Medicine, Internal Medicine, Rehabilitation, Hospice and Palliative Care.

### Resident Selection

Three Geriatric Medicine fellows per year are accepted. The Fellowship requires a Missouri medical license and board eligibility in Family Medicine or Internal Medicine. Please submit a CV, 2 letters of recommendation, USMLE board score, copy of medical school diploma and MO license along with a personal statement.

The Fellows receive experience in Long Term Care, Geriatric Assessment Clinic, Inpatient Geriatric Psychiatry consultation, Inpatient Surgical Unit consultation, Geriatric Medicine clinic, Primary Care clinic, Rehabilitation and Hospice and Palliative Care. The goal is for Fellows to be qualified in care of the elderly patients in all venues including outpatient, hospital and nursing home patients.



The **Sports Medicine Fellowship** is a one-year ACGME accredited program designed to train individuals in the management of problems experienced by athletes and those who exercise.

The curriculum includes devoted time in the Sports Medicine Center, continuity of care, and medical management of Division I NCAA athletes in the training room as well as on the sidelines.

The fellows undergo a longitudinal experience in the offices of private orthopedic surgeons, rotations with physical therapy and podiatry.

In addition, the fellows work with athletic trainers and coaches in providing on-going care of high school athletes and on-site presence for practice and competition sporting events. Weekly educational didactic seminars focus on research concepts, unusual sports medicine problems and specific problems not commonly encountered.



**OB and Women's Health** are vital components of Family Medicine, and a strong point of our residency program.

- Surgical OB including C-section, postpartum tubal ligations and surgical D & C's. Family Medicine deliveries are mentored by the Family Medicine faculty who perform our C-sections. The OB Fellow is a junior faculty department member.
- Mentoring in OB Practice Management by Family Medicine faculty practicing both in the hospital and in the community.
- CME conferences in OB and Women's Health.
- Fellowship affords opportunities in High Risk OB with OB/GYN and perinatology faculty.
- Academic Faculty Development - - mentoring and training on curriculum development and teaching skills, both didactic and clinical.





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[www.umkcfm.org](http://www.umkcfm.org)

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